Physical Education

Performance-based Grade Level Outcomes

Kindergarten

Motor Skills and Movement Patterns

2. Balances on one foot for five seconds. (Static) (S1.E7.Ka)
3. Throws underhand with beginning elements. (S1.E13.K)
4. Volleys a light-weight object sending it upward. (S1.E22.K)

Concepts, Principles, Strategies, and Tactics

5. Travels in general space without bumping into objects or others. (S2.E1.Ka)
6. Travels forward, backward, and sideways on cue. (S2.E2.K)

Fitness Knowledge and Skills

7. Arrives prepared and actively participates in physical education class. (S3.E2.K)

Responsible Personal and Social Behavior


Values Physical Activity

10. Identifies physical activities that are enjoyable. (S5.E3.Ka)