Grade 2

Motor Skills and Movement Patterns

1. Performs the skip and leap with a mature pattern. (S1.E1.2)
2. Performs an overhand throw with a mature pattern and reasonable accuracy. (S1.E14.2)
3. Kicks a moving ball with a controlled approach. (S1.E21.2)
4. Strikes a ball upward with a short-handled implement, using at least five (5) consecutive hits. (S1.E24.2)
5. Jumps a self-turned rope consecutively forward and backward with a mature pattern. (S1.E27.2a)

Concepts, Principles, Strategies, and Tactics

6. Combines locomotor skills, shapes, levels, and pathways into a simple movement sequence. (S2.E1.2, S2.E2.2)
7. Varies force with gradual increases and decreases during physical activities. (S2.E3.2)

Fitness Knowledge and Skills

8. Identifies physical activities that contribute to the improvement of fitness. (S3.E3.2b)

Responsible Personal and Social Behavior

9. Demonstrates appropriate ways to show sportsmanship. (S4.E5.2)

Values Physical Activity

10. Demonstrates self-expression through physical activity (e.g., dance, gymnastics routines, and practice tasks in game environments). (S5.E3.2)