Baltimore County Public Schools (BCPS) defines social-emotional learning (SEL) as the process through which children and adults acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.

The SEL competencies identify key attitudes and skills necessary for understanding and managing emotions, listening, feeling and showing empathy for others, and making thoughtful, responsible decisions.

BCPS resources to support the physical and social and emotional wellness of students, families, communities, and staff.

COVID 19

Office of Health Services - Resources to support health and wellness.

Parent University – Resource Library - Resource Library includes contact information for community resources and support hotlines. Parent University also offers workshops for families connected to social-emotional learning.

Resource List for Baltimore County Children and Families - Resources linking families with available community resources.

Division of School Climate and Safety

School Counseling - Resources to support preparing students to graduate, on time, as globally competitive citizens ready for college, careers, and life.

School Social Work & Multi-Tiered System of Supports (MTSS)

Mind Over Matters Campaign - Schedule and description of themes by month.

Mental Health Services – Local resources such as the Crisis text line.

Social-Emotional Support – Links to resources, books, podcasts, and videos.

Virtual Calming Room - A space for students, families, and staff to find tools and strategies for managing emotions and feelings.


Links to these resources and more can be found in our Parent University Resource Library under the Social-Emotional tab.