

WE ARE HERE TO HELP!

Contact your school counselor if your child is experiencing any of the following difficulties and we will direct you to services and resources.

- Difficulty with Peer Relationships
- Family Conflict
- Difficulty with Schoolwork
- Self-Esteem/Identity Difficulties
- Managing Mental Health
- Discipline Problems
- Loss/Grief
- Bullying
- Drug or Alcohol Abuse
- Depression
- Anxiety
- Stress
- Suicidal Thoughts
- Eating Disorders
- Truancy
- Opposition or Aggression
- Homelessness
- Difficulty Adjusting to New School
- Any Social, Emotional, or Behavioral Concern

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Superintendent of Schools
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Director of Pupil Services
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Theresa Edmondson
PHS Supervisor of College, Career &
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732-981-0700 x2232

Dr. Deborah Dawson
Supervisor of K-8 Counseling and
Behaviorists, and K-12 Health Services
732-699-1563 x4581

COUNSELOR/HAVEN CONTACT INFORMATION

CHILDREN'S CORNER PRESCHOOL

732-981-4442

Social Worker

Leisa Walker

Behaviorist

Jenny Manzo

Community Parent

Involvement Specialist

Harry Vanderburg

EISENHOWER

Sara Haarburger

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Dr. Cassia Mosdell

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PISCATAWAY HIGH SCHOOL

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Patricia Bewster

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Rick Brown

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Kelly Chilakos

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Jill Fraticelli

732-981-0700 x2450

Mark Kiang

732-9-81-0700 x2234

Nicole Martelli

732-981-0700 x2236

Shar-Mekka Pernell

732-981-0700 x2238

Stephanie Rogers

732-981-0700 x2003

Rodney West

732-981-0700 x2227

Brian Wischusen

732-981-0700 x2224

THE HAVEN

Dr. Patrick Connolly

Director

732-981-0700 x2250

Haven@pway.org

Counselor's email addresses are their first initial
and last name, followed by @pway.org



Piscataway Township Schools

WELLNESS & MENTAL HEALTH PROGRAMS AND SERVICES



Piscataway Schools believes that wellness and mental health are critical to academic success, and that social emotional learning must be included in all students' overall education.

**Prevention
Attention
Intervention**



PISCATAWAY SCHOOL-BASED SERVICES

Every school has a counseling office offering dedicated mental health assistance, supported by other professionals, including behaviorists, social workers, and nursing staff.

All schools offer wellness and mental health supports, social emotional skill development, and programs to build healthy habits and positive growth.



COUNSELING, SUPPORT, AND HAVEN SERVICES

- Academic and Personal Guidance
- Peer Relationship Support
- Conflict Resolution
- Positive Behavioral Intervention and Support
- Mental Health Screenings
- Social Emotional Learning Programs
- Parent Workshops
- Family Collaboration
- Peer Mentoring and Groups
- Grief Counseling
- Substance Abuse Counseling
- Crisis Intervention
- Mindfulness
- Yoga
- Referrals to Community Mental Health Resources
- Crisis Intervention

PREK-8 WELLNESS AND MENTAL HEALTH FOCUS

Social Emotional Learning is a primary focus in our PreK-8 schools. Counselors, behaviorists, social workers, psychologists, and teachers work together to help children develop healthy habits, identify feelings, and address emotions.

PREK-5 SCHOOLS

- Character Education
- Individual and Small Group Counseling
- Respect Programs Focus on Positive School Climate
- “Lunch Bunch” Support
- Self-Regulation
- School-Wide Wellness Activities

MIDDLE SCHOOLS

- Building Self-Awareness
- Relationship Skills
- Character Education
- Peer Mentoring
- Support and Prevention for Substance Abuse
- Individual and Small Group Counseling
- Wellness Clubs
- School-Wide Wellness Activities

PISCATAWAY HIGH SCHOOL

The Piscataway High School Counseling Department addresses three important areas for all students: Academic, Social Emotional, and College and Career Readiness.

Working with The Haven, an outpatient mental health clinic located within PHS and staffed through a partnership with the Rutgers University Center for Applied Psychology, PHS offers support and guidance for students experiencing mental health difficulties.

- Individual and Small Group Counseling
- Family Counseling
- Walk-In Counseling
- Crisis Management
- Support and Prevention for Substance Abuse
- Virtual Screenings/Referrals
- Parent Workshops
- Mental Health Resource Library
- School-Wide Wellness Activities
- Student Wellness Groups
- Grade Level Success Meetings
- Schoology Counselor Calming Corner