Sisters

----------- ABIGAIL DI LIBERTO

I’ve got two crowns,
One for you and for me
Because our bond’s like royalty.
And that’s how it always will be.

I’ve got two halves of my heart
One to give and one to keep.
My half’s rotting away,
But the other’s safe in your hands.

I’ve got two lockets
To keep you close,
Because I never want to lose you.
Please forever stay by me.

With a ruffle of your hair
And a kiss on your cheek
This strong bond we’ll always keep
Because we’re sisters.

Wacky Sports: World Chase Tag

----------- Vienna Cheung & Sophia Feng

Who would’ve thought that a little children’s game would become a professional sport? In World Chase Tag, two teams compete against each other in an arena full of obstacles. When the round begins, one player is the Chaser, and another is the Evader. If the Evader can avoid the Chaser for the full twenty-second round, the Evader’s team earns a point. If the Chaser catches the Evader, the Chaser’s team earns a point. This continues for usually sixteen rounds. Whichever team wins the most points after all rounds have ended wins the match.

The World Chase Tag began when a man named Christian Devaux played a game of tag with his son. Christian and his brother, Damien Devaux, decided to design an arena full of obstacles that would make it equally as challenging for both the Chaser and Evader. After hosting events, the World Chase Tag began gaining popularity worldwide!

If you are interested in watching this wacky sport, visit www.worldchasetag.com/videos. This sport is even featured on NBC Sports Channels!
This is a very cruel way to treat animals. Just because they are our food, does not mean that they don’t have feelings and a life just like us. You can do your part by becoming a vegetarian. If you cannot become a vegetarian, make sure to buy and eat the meat from qualified, good animal farms and/or reduce the amount of meat you eat. You can replace the meat with eggs, milk, soy milk, nuts, nut butters, seeds, pulses, cereals, and more. This still makes a big impact!

Decreases Starvation - Becoming vegetarian also helps the environment with pollution! According to “Vegetarianism is Good for the Economy Too” by World Economic Forum, “It takes an average of four pounds of grain and other plant protein to produce just one-half pound of beef. Eighty percent of starving children live in countries that actually have food surpluses; this is because the extra grains produced are fed to livestock instead of people.” This is a shocking, but true because people want to make money by selling meat instead of helping their own kind! Millions of people starve every day because of this fact. You can help by becoming vegetarian or by at least reducing your meat intake. There are plenty of other foods that can replace your needs of protein! We are no longer people from the past who need to hunt and gather meat to survive. Today, we can get food from the grocery store and we can help people who need food.

Becoming vegetarian will benefit both you and others around the world. And if you cannot become vegetarian, that’s fine! Instead, reduce your meat intake slowly and try to get meat from good, qualified farms. Always remember to consult a doctor as well before making any large changes to your diet. To learn more, read the sources cited below.

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Fill Your Tummy With This Yummy Filipino Recipe: Pancit

Megan Fernandez

Have you ever wanted to try a new recipe that makes your mouth water? Are you willing to try this recipe for Pancit?

According to google, Pancit, also spelled Pansít, is a general term referring to various traditional noodle dishes in Filipino cuisine. There are numerous types of Pancit, often named based on the noodles used, method of cooking, place of origin, or the ingredients. Most Pancit dishes are characteristically served with calamansi, a lime grown in the Philippines.

1) Get your supplies ready! My dad uses wooden tools like a big wooden spoon. You can also use tongs if it is easier. Get a knife to cut up your veggies. Finally, don’t forget your pan!

2) Cut up your vegetables and meat! My family uses the following:

- 1 finely diced onion
- 3 minced cloves of garlic
- 2 cups of diced and cooked chicken breast meat
- 1 small head of cabbage thinly sliced
- 4 carrots thinly sliced.

You can add any vegetables and meat you’d like.

Hint: Add eggs because they can make the Pancit better!

3) Cook the noodles. The noodles are the most important part of the dish! I suggest using wheat flour noodles.

4) For more information, go to the website listed below!

https://www.allrecipes.com/recipe/47015/quick-and-easy-pancit/

Have fun and enjoy your fiesta!

Above: Pancit

Prep: 20 mins  
Cook: 20 mins  
Total: 40 mins  
Servings: 6  
Yield: 6 Servings
Feeling Overwhelmed Back in School? Try These! 3 Ways to Manage In-Person Work

-------- ALICIA INGRAM

Carry a binder. I see a lot of people with just a folder and just a folder doesn’t help with organization. If you have 8 classes every day, you should have at least 8 dividers, not including gym. If you don’t have a binder and folder for each class will work just as well.

Use your planner. Your planner can help organize all your homework and help you avoid procrastination. Using your planner also helps you not have missing work. If you write down all your assignments and when they are due, you will have less missing work.

Use your Schoology Calendar. If you are like me and you don’t really like to write, you can use you Schoology calendar or google docs to make you own weekly digital planner.

The Neighbors

-------- EMILY BOEHL

Once there was a boy named Carl who had a sister named Camila. Their parents received a check for enough money to afford a new house. It had been over 10 years since they last moved. The land that came with the new house was 6 acres. The house took up 2 of those acres of land. The house was decorated in brown and white. It was a very new house. When the family of four arrived, their mouths dropped open. It was the most beautiful house they had ever seen. It was perfect. Carl and Camila began exploring the house. They saw the finest chandelier. “Wow, this house looks amazing!” exclaimed Camila. “I know, right!” replied Carl.

After inspecting the house, they decided to say hi to their new neighbors. The neighbors lived in an older 2010 model house. As they knocked on the door, they were met with two smiling faces. “Hi, are you the new kids?” One of the neighbors said. “Yeah, we live right across the street,” stated Carl. “Oh hi, my name is Wyomi. This is my brother, Xavier!” said Wyomi. Xavier appeared to be around 15 years old. Xavier said, “Hi, did you meet your neighbor that is right next to you?” “No. We didn’t bother to go over there because that house gives me the creeps,” shivered Camila. “Just imagine the horror inside!” yelled Xavier. “Oh stop, Xavier! Stop telling everyone that fake TikTok news! Trust me, it was fake, Carl and Camila,” said Wyomi. “It is fine. Anyway, can you tell us a little bit about the town?” asked Carl.

“No. We didn’t bother to go over there because that house gives me the creeps,” shivered Camila. “Just imagine the horror inside!” yelled Xavier. “Oh stop, Xavier! Stop telling everyone that fake TikTok news! Trust me, it was fake, Carl and Camila,” said Wyomi. “It is fine. Anyway, can you tell us a little bit about the town?” asked Carl.

“Sure. The school Camila will attend is called Camila Middle School. When you’re in high school, you will go to Malkera High, just like me” said Xavier.

“I’m going to be starting 7th grade and Carl is starting 9th grade,” replied Camila. “Nice! We will be best friends since I’m also entering 7th grade. I’m popular so you don’t have to worry about not having friends,” Wyomi said with a grin on her face. “I think our mom is calling us for lunch,” said Carl. “Okay, but don’t you want us to show you the town?” said Xavier as Camila and Carl ran back to their house.

“Don’t you think there is something wrong with this town?” asked Carl.

“What do you mean?” replied Camila. “What do you mean? Everything about this town is weird! The school you’re going to is named after you, the house next to us looks like a murderer lives there, even our neighbors are acting kind of weird! Wyomi said that you don’t have to worry about not having friends. I mean, she might just be nice, but the grin on her face when she said that was creepy. Not just Wyomi, but Xavier too. He mentioned those creepy houses,” explained Carl.

“I mean, that is pretty strange, but it’s just a coincidence. This town is fine. You’re just exaggerating!” said Camila.

–The first day at the new school–

“Bye mom, have a great day,” yelled Camila. “Don’t forget about Wyomi. Something seems wrong,” stated Carl. “Everything is going to be fine!” Camila interrupted. “If you think so. Don’t call me when you are in trouble!” replied Carl.

As Camila arrived at her new school, she met Wyomi with a big group of friends. “Hey, isn’t that the new girl?” one of Wyomi’s friends whispered. “Yeah, she lives in my neighborhood. I told her that I would be her friend,” Wyoming said. “What a loser!” another one of her friends mocked. “I’m surprised her parents could afford a house like that!” one of the girls said. Wyomi’s friends started laughing. “Hi, Wyomi! Sorry! I mean Wyomi!” said Camila. “Hey! How dare you call Wyomi that!” shouted one of Wyomi’s friends. “I didn’t mean to. She is a friend to mine too!” Camila said. “What are you talking about? My mom makes me introduce myself to new people all the time! I’m not your real friend,” replied Wyomi. “Oh, sorry,” said Camila as she stormed off.

At Carl’s school, things were going much better. “Hey, aren’t you the new kid?” Xavier snarled. “I don’t see any new kids, but I do see a little baby named Xavier!” Carl laughed. “That’s not funny!” exclaimed Xavier. Everyone in the hall started chanting, “Xavier is a baby!” The rest of Carl’s first day was a success. He made so many friends that practically the whole school knew him by the end of the day.

As the siblings returned home, Carl asked Camila about her day. Camila took a deep sigh and said, “It was horrible. I thought Wyomi was my friend, but she laughed and made fun of me.” Carl replied, “Well, I told you that something was up. My day was fantastic. I made so many friends. Basically, the whole school knows me.”

Camila replied, “That’s nice. I was thinking and I realized that Wyomi mentioned before that Xavier was doing Tik Tok challenges. We should look them up!” Carl starts his research and finds that Wyomi and Xavier were born in the 1840’s. Carl exclaimed, “This can only mean one thing. Wyomi and Xavier must be ghosts!” “We need to trap
them!” replied Camila. “I agree! One of my friends told me there was a ghost trap for sale since Halloween is over,” stated Carl. “That is a great idea!” Camila.

Camila and Carl traveled to the store to find their trap. The looked for the leftover Halloween items.

“There is no way these things will work. Oh! Let’s try the Ghost Gone 3,000! My new friends suggested that one,” stated Carl. “Here goes half our allowance!” shrugged Camila.

As the pair arrived home, they made a plan. They told their parents they were going to study at Xavier and Wyomi’s house. When they arrived, Wyomi and Xavier were confused. “What are you doing here?” asked Xavier and Wyomi at the same time. “I wanted to apologize for embarrassing you at school today,” explained Carl. Wyomi stepped in apologizing too, “I’m sorry about how I made you feel, Camila too. I will tell my friends that it was a prank so they will understand.” Camila replied, “It’s fine. I forgive you.” Xavier asked, “Would you two like to come in?” The siblings agreed and entered the house.

Once inside the house, Carl turned on the ghost catcher. Xavier and Wyomi were instantly sucked into the trap. As Wyomi entered the trap, her yell faded, “You will always be a loser!” Everything in the world faded away except for Camila and Carl who fell into a deep sleep.

Camila and Carl awoke two weeks later. Everything was back to normal. They still lived in their big house, but they went to normal schools. Camila’s school was now named Sunset Falls Middle School. The ghost’s house was now only a shack with boarded windows. Caution tape covered the door stating, “Keep Out! Deadly Living.” This intrigued Carl and Camila. They were going to explore.

---------- MEGAN FERNANDEZ

Halloween is a very fun holiday!

Also remember that different places in the world celebrate Halloween in different ways!

Like Dia De Los Muertos in Mexico! During the Day of the Dead, people visit their ancestors that have died.

Look you see, in the U.S. we dress up in scary outfits and go knock on people’s doors for candy.

On Halloween we go trick-or-treating with friends and family.

We should always have fun with this spooky season, but some children think Halloween is just for candy.

Everyone should be grateful no matter what. We should be grateful for candies.

Elated and happy, now the Halloween season has begun.

Now get spooktacular and enjoy your Halloween!
Go, Get Lost!
Beachmont Mazes Make Great Fall Activities

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CLAY REYNOLDS

Each fall, I like to go to Beachmont. They have a corn maze where you can do activities along the way to solve problems. There are also cast members who are dressed up based on the theme. The corn maze is 2 miles long. They also have other activities like a hayrides or Skee-ball. All these activities are included with the corn maze except for food and drinks. Tickets are $14, but I think it is worth it for the experience and activities.

Another thing I like to do in the fall is go to Weber's Cider Mill Farm. It is located in Parkville, MD. There's a lot to do at the farm like picking out a pumpkin, eating fall food, shopping, picking apples, and petting farm animals. Some foods they sell are apple cider donuts and apple cider slushies. They also have really good food trucks. The shop has something for everyone. It has local food, toys, knickknacks, baked goods, decorations, apple cider, fruits and vegetables. Most of the stuff is made there so you're helping a small business!

Artwork by Emily Boehl

Picture Poems

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ABIGAIL DI LIBERTO
PHOTOGRAPHY: LINSEY JOHNSON AND PAIGE CAVALLARO

Life in a Photograph
There are many types of days in life.

Dreams
Dreams are magical.

Trick or Treat!

Artwork by Emily Boehl

And dark, stormy ones.

But those days never last long, and the sun will always shine again.

And the good things? Sometimes, just sometimes.
It’s a Beautiful Day in the Neighborhood!
Exploring Perry Hall

--------- LINDSEY JOHNSON

Looking for something to do in the Perry Hall Area? Look no further! Continue reading to learn about special things in our neighborhood.

An amazing Mexican restaurant in Perry Hall is El Salto. Consider visiting this restaurant to get a taste of their delicious food. Some of their best foods are stuffed jalapenos, fajitas, taco salad, and El Cazuelon.

If you are trying to find a good place to hang out, try the AMF Perry Hall Lanes. It’s a bowling alley where you can play in teams and in pro leagues. There is also a small arcade and a food and snacks bar.

The Soukup Arena is a sports arena commonly used for cheerleading, basketball, and volleyball. While it’s used for other sports, it’s mostly used by the Perry Hall Rec Cheerleaders, also known as PHRC.

Troop #4809 is a current cadet girl scout troop that does many activities throughout the year. For example, the troop makes crafts for different seasons and holidays. It also goes Christmas caroling every year at the Oak Crest Senior Center. They go camping at Camp Conowingo every summer and winter. If you are interested in these activities, consider joining.

Looking for a place to live? Try the Perry Hall Apartments! According to the google reviews, the apartments are wonderful. Kimberly Green says, “I am a new resident. I love my apartment. The office staff are very professional, and they made my move a smooth transition. For the area, I believe they are priced reasonably. I look forward to living here for some time.” Marie Sharrock says, “I have been living at Perry Hall Apartments since 2013. The location is great. Management is very helpful and professional and friendly. The walk-in closet is the best. The bedroom is spacious. I live in front of the building, so I get lots of sunlight. Whenever I have a problem, maintenance responds right away. Rent is reasonable for this area. I would definitely recommend Perry Hall Apartments to anyone.” As you can read, this is a great place to be!

If you’re looking for some fast, easy, and delicious food, then try Chick-Fil-A in the plaza across the street from PHMS. According to google reviews, “Chick-Fil-A has the BEST customer service and organization. The employees are trained to do their jobs and cannot compare to any other fast-food restaurant.” Give it a try if you need a quick meal!

Crumbling

-----Varsha Kumar

A spark of hope
Sets in the veins
As the hooded figure
Climbs into the unknown.

Beasts, dragons, pirates
Tripping, falling, suffering
Sadness, loss, caged anger
Questioning... Is this worth it?

The figure reaches on the summit
The hurricane of relief
That was thwarted by a levee
Escapes

As the figure reaches for his destiny...
Steps on a small puddle of mistake
That wasn’t worth fixing
Mountains and paths explode

In one simple mistake
Your destiny, future, dreams... are gone
As you fall down to the volcano underneath
You lose hope

The mountain and paths crumble...
But is not crumbling deep down
Your heart is the one Crumbling
Holiday Hoopla!  ------PAIGE CAVALLARO

ACROSS
3. people that love you, you can be related to you or chosen.
5. A holiday in October where people dress up in costumes
8. eaten on Thanksgiving, a bird
9. very bony and usually people have them out on Halloween
10. Carved for Halloween and is a type of pie
11. stale delicious bread

DOWN
1. Changes colors in nature, like red, orange, and yellow
2. Pie, Issac Newton's favorite dessert
4. A holiday in November and has to do with being grateful for what you have
6. ride down hills and sometimes can be a little bumpy
7. maze, walking puzzle
12. there are players in gear throwing, catching, passing, and intercepting the ball
13. eaten on top of mashed potatoes, turkey, etc

Use the clues to fill in the words above.
Words can go across or down.
Letters are shared when the words intersect.