Hereford Middle School

Allied Softball

Summary: This program was designed for students who are interested in playing a sport, but do not necessarily possess the skill or desire to play on a varsity or junior-varsity team. The goals of the Allied Sports Program and those of the existing interscholastic athletic program are similar. Both programs strive to teach students good sportsmanship, to build positive self-esteem, to acquire new sport-specific skills, to improve physical fitness, to foster new friendships, and to develop the concept of teamwork.

Key Topics: Allied Softball helps athletes of all ability levels to participate in competitive athletic activities. Athletes with and without disabilities have come to appreciate the value and strengths of each other as individuals. Allied Sports fosters a greater understanding, respect, and acceptance of individuals with disabilities through open lines of communication and forming bonds of friendship.

Expectations: All students must have a BCPS Athletic Permit and Physical Exam completed before they are eligible to try out for the team. The eligibility standard is 2.0 with no failing grades in the marking period prior to and during participation on the team. Practices are held two days a week, after school, until 3:30. The season ends with a team game, played against another school or schools in the county.

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