6th Grade Effective Learning Habits for College and Career Readiness

Summary:
Effective Learning Habits is a one quarter class for students each year in middle school that they will have on just “A” days or just “B” days. The class is designed to focus on the students- on what makes “you” YOU and how to make a better “you” now and in the future.

Key Topics:
- Computer Safety
- Time/Stress Management
- Organization
- Career interest exploration
- Interview skills and public speaking

Expectations:
Students come to class each day with an open mind and a willingness to work both independently and in groups.

Often, we begin class with some sort of what seems like a random activity but actually connects to our topic for the day. Students should participate in both the activity itself and the debriefing afterwards where we discuss the “why” and the connections to our key topics.

During the class period, students are expected to be polite, respectful, and enthusiastic!