COUNSELING SERVICES
WITH THE CHILDREN’S GUILD

Who we are
Our professional team consists of psychiatrists, counselors, and support staff that work with each child and their family to address emotional and behavioral challenges. We have a strength-based and trauma informed approach to serving children and their families. Our professional counselors help children and their families resolve crises, manage stressful life events, challenges, and transitions.

Services offered
During the COVID-19 pandemic, we are providing services to families and children. We do this by using a HIPAA compliant video platform or, when necessary, a telephone.

Counseling services: our counselors are licensed therapists that work with families, schools, and community resources. We work with families and the school to understand the concern and develop therapeutic responses (interventions, approaches, support) that improve each child’s capacity and functioning across multiple settings.

Psychiatric services: psychiatric evaluations are available if the counselor and family agree that it would be beneficial to treatment. Medication is discussed as an option if the psychiatrist believes it might benefit the child. The psychiatrist will educate the family about medication options so that the family can make an informed decision about medication. Psychiatry services are available to families and children that are actively involved in our counseling services.

When a referral is made
• The assigned counselor will meet with the child and family together and individually to learn about the child’s history, current functioning, and any relevant information to guide the partnership. During this intake, the counselor will obtain consent for treatment and communication with other partners (e.g. primary care physicians, school staff).
• After the second appointment, the counselor will recommend treatment services which may include a combination of the Following; individual, family, and/or group counseling, and/or a psychiatric service.
• The counselor, child, and family will develop goals for treatment that will guide the interventions used. The counselor is available for on-going assessment and consultation with the family.

Who qualifies
We primarily accept Medicaid, but please speak to a coordinator to see what options are available.

How to make a referral
If you work in a school, please complete the referral form on the next page and email it to your clinician at your school.

If you are a parent or provider in the community, please speak to your school’s guidance counselor or call the Children and Adolescents Behavioral Health Center at 410.444.3800 x1202 to speak to a clinical support coordinator.

THE CHILDREN’S GUILD ALLIANCE
6802 McClean Blvd.
Baltimore, MD 21234
410.444.3800 x1202
BHSFC@childrensguild.org