

# ARBUTUS MIDDLE SCHOOL INTERSCHOLASTIC SPORTS PROGRAM

Interscholastic sports at Arbutus Middle are where student-athletes **compete against other middle schools in the county**. Seasons usually last 7-9 weeks and students practice 3-4 times a week. **A completed physical form is required for your student to try out and participate in the sport.**

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## Fall Sports Season (Sept. 13<sup>th</sup>- Oct. 29<sup>th</sup>)



Badminton

online registration and paperwork due by [Sept. 12th](#)



Cross Country

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## Winter Sports Season (Nov. 14<sup>th</sup>-Feb. 28<sup>th</sup>)



Basketball

online registration and paperwork due by [Nov. 11th](#)

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## Spring Sports Season (March 14<sup>th</sup> – May 6<sup>th</sup>)



Tennis

online registration and paperwork due by [March. 10th](#)



Track & Field

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### How to register your student:

1. Go to:

<https://app.formreleaf.com/organizations/arbutus-middle-school>

(Create an account or log in)

2. Select the sport season (the season will be available for sign up closer to the start date of the season)
3. Choose your sport
4. Fill out all fields and **upload your students athletic physical form completed by their doctor!**

Copy of physical form: [https://www.mpssaa.org/assets/1/6/Physical\\_Evaluation\\_Form.pdf](https://www.mpssaa.org/assets/1/6/Physical_Evaluation_Form.pdf)

Any questions please email our Athletic Advisor, Ms. RT, if you have any questions.

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