

NON-INSTRUCTIONAL SERVICES: Food Services

[Purpose] SCOPE

1. MEALS TO BE SERVED BY THE OFFICE OF FOOD AND NUTRITION SERVICES AND FUNDED BY THE CHILD NUTRITION PROGRAMS SHALL COMPLY WITH THE MOST RECENT DIETARY GUIDELINES FOR AMERICANS AS PUBLISHED BY THE UNITED STATES DEPARTMENT OF AGRICULTURE.
- [1] 2. [Each meal should be planned to provide at least one-third of the day's nutritional requirements.] A NUTRIENT ANALYSIS OF MEALS SERVED SHALL BE COMPLETED ANNUALLY.
- [2] 3. Meals [should] SHALL be PREPARED AND served [under the most sanitary conditions in order to protect the health of the children.] FOLLOWING PROPER SANITATION AND HEALTH STANDARDS IN CONFORMANCE WITH STATE AND LOCAL LAWS AND REGULATIONS.
- [3. Meals should include a variety of foods served in an appetizing manner.]
- [4. The food service program should aid children in developing desirable eating habits.]
- [5. The food service program should contribute to the social education of the child by providing him/her an opportunity to practice desirable table manners in a pleasant atmosphere.]
- [6. The food service program should provide a situation in which children learn to eat wholesome foods.]
- [7. The food service program should provide a situation in which children may develop an understanding of sanitary methods of handling foods.]

NUTRITION CONTENT OF MEALS AND BEVERAGES

1. FOODS DEFINED AS THOSE OF MINIMAL NUTRITIONAL VALUE BY THE SECRETARY OF THE USDA ARE PROHIBITED FROM 12:01 A.M. UNTIL THE END OF THE STANDARD SCHOOL DAY.

2. FOODS SOLD AS AN ALTERNATE TO THE REIMBURSABLE MEAL SHALL BE OFFERED IN REASONABLE PORTION SIZES THAT ARE CONSISTENT WITH GUIDANCE PROVIDED BY THE USDA FOR CHILD NUTRITION PROGRAMS.
3. PACKAGED SNACKS SHALL BE OFFERED AS SINGLE-SERVINGS AND SHALL CONTAIN:
  - A. NO MORE THAN NINE (9) GRAMS TOTAL FAT.
  - B. NO MORE THAN TWO (2) GRAMS SATURATED FAT.
  - C. NO MORE THAN FIFTEEN (15) GRAMS SUGAR, EXCLUDING DRIED FRUIT WITH NO ADDED SUGAR.
4. THE SALE OF BEVERAGES SHALL BE LIMITED TO:
  - A. WATER;
  - B. NON-CARBONATED FLAVORED WATER WITH FEWER THAN TWENTY (20) CALORIES PER SERVING;
  - C. UNFLAVORED MILK;
  - D. FLAVORED MILK CONTAINING NO MORE THAN THIRTY (30) GRAMS OF TOTAL SUGAR PER EIGHT (8) OUNCE SERVING;
  - E. FIFTY (50%) PERCENT FRUIT JUICE PROVIDING ONE HUNDRED (100%) PERCENT VITAMIN C, NOT TO EXCEED TWELVE (12) OUNCES; AND
  - F. ISOTONIC BEVERAGES, NOT TO EXCEED TWELVE (12) OUNCES.

ACCOMODATIONS AND SCHEDULING

1. SUBSTITUTIONS TO REIMBURSABLE MEAL SHALL BE MADE FOR STUDENTS CONSIDERED TO HAVE A DISABILITY WHEREBY THE DIET IS RESTRICTED. SUBSTITUTIONS SHALL BE MADE ONLY WHEN SUPPORTED BY A STATEMENT FROM A LICENSED PHYSICIAN WHICH INCLUDES RECOMMENDED ALTERNATIVES.
2. THE PRINCIPAL SHALL BE RESPONSIBLE FOR ESTABLISHING SPECIFIC MEAL SCHEDULES FOR BREAKFAST AND LUNCH, AS LONG AS LUNCH MEALS ARE SERVED BETWEEN 10:00 A.M. UNTIL 2:00 P.M.

USE OF FACILITIES BY OUTSIDE GROUPS

1. THE PRINCIPAL SHALL BE RESPONSIBLE FOR APPROVING REQUESTS TO USE ANY PART OF THE FOOD SERVICE FACILITY BY OUTSIDE INDIVIDUALS OR GROUPS IN ACCORDANCE WITH THE *USE OF FACILITIES MANUAL*, DEPARTMENT OF PHYSICAL FACILITIES.
  
2. THE CAFETERIA MANAGER SHALL BE RESPONSIBLE FOR ENSURING THAT THE APPROPRIATE LICENSE(S) IS HELD BY ANY OUTSIDE AGENCY OR GROUP WHICH HAS BEEN APPROVED TO HOLD A FUNCTION SERVING FOOD AND THAT AN OFFICE OF FOOD AND NUTRITION SERVICES' EMPLOYEE IS PRESENT DURING THE EVENT. THE OUTSIDE AGENCY OR GROUP COORDINATING THE EVENT SHALL BE RESPONSIBLE FOR THE COST OF THIS SERVICE.

ALSO SEE MANAGEMENT AND OPERATIONS MEMORANDUM MSDE-FNSS NUMBER 012 (3/05), MARYLAND STATE DEPARTMENT OF EDUCATION.

LEGAL REFERENCE: 7 CODE OF FEDERAL REGULATIONS 210.10, 210.11, 220.8, 220.12

RELATED POLICIES: BOARD OF EDUCATION POLICY 1300, COMMUNITY RELATIONS: USE OF SCHOOL FACILITIES

SUPERINTENDENT RULE 1300, COMMUNITY RELATIONS: USE OF SCHOOL FACILITIES

Rule

Superintendent of Schools

Approved: 9/18/1968

REVISED: 12/5/06