Welcome to CCFAS! I hope you had a wonderful summer break...and I am looking forward to a safe & healthy year ahead!

It is our goal in the CCFAS Health Suite to support the health and well-being of our students while they are here at school in an equitable, caring manner. To do this we need the support of parents and guardians like you to keep us up to date on your child’s health conditions, medication needs, and health concerns that may affect them during the school day. Please feel free to call or email me anytime!

Nurse Donohue  
pdonohue@bcps.org  
443-809-3641

Contact Information: Please make sure the school has accurate contact information (phone # and email) so we can reach you or a designated individual to pick up your child if they are ill or there is an emergency. When an emergency occurs, it is vital that we have the most current phone numbers so that you can be reached. We want you to be aware as soon as possible of a health issue. To update your information please call the main office at 443-809-0934.

Non-Prescription Medications: A Discretionary Medication form must be filled out each year. This gives the school nurse permission to give over the counter medications (Tylenol, Ibuprofen, Tums, cough drops and/or Benadryl) to your child if it is deemed necessary by the nurse. Included in this form is space for you to list your child’s allergies, health concerns, and current medications. This form is only valid for the current school year and must be done again each fall. Most of you filled this out when you registered here for the fall semester.

Prescription Medications: (Examples: Asthma, ADHD, Migraine medications): All prescription medication that needs to be given during school hours (7:30-1:15) must have a written order from a physician on the BCPS Parent's Request to Administer Medication in School form. This form must also be signed by a parent/guardian and can be faxed, emailed, or dropped off by the parent/guardian to the school nurse along with the medication in the original labeled prescription bottle. Students may not drop the medication off; parent/guardian must sign for verification.

***NO STUDENT SHOULD BE CARRYING ANY MEDICATION (PRESCRIPTION OR OTC) WITH THEM. All medication should be brought to the Health Suite.

Injuries/Surgeries/Concussions/Health Diagnoses that may require special needs: Please have the student or parent contact the school nurse as soon as possible so special accommodations in the school setting can be made if needed (i.e. bathroom pass, extra hallway time, student helper needed, etc).

If you have any questions or concerns, you can email me at pdonohue@bcps.org or call 443-809-3641
What to do if my child does not feel well?

**DO NOT SEND YOUR STUDENT TO SCHOOL** if showing any of the following signs/symptoms:

- Fever greater than 100° in the last 24 hours.
- Nausea, vomiting, or diarrhea
- New, persistent, or severe headache
- New onset, worsening, or persistent cough
- Shortness of breath or difficulty breathing
- New loss of taste or smell
- Muscle pain, chills, or extreme tiredness
- Sore throat, congestion, or runny nose

To report that your student is sick, awaiting covid test results, has been in close contact with a covid positive case, or is positive for covid, please email or call the school nurse directly at pdonohuer@bcps.org or 443-809-3641.

Covid continues to be a concern we have to address in our schools; BCPS creates guidelines based on CDC recommendations that come down from the Maryland and then Baltimore County Health Department. Please review these guidelines if your student has been exposed, is sick, awaiting a test result, or has tested positive for Covid.

For more information regarding COVID-19, including information regarding vaccination, please visit the [BCPS Covid Dashboard](https://coviddashboard.bcps.org/).

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