**School Health Coordinator and Coordinated School Health Programs**
**Resources and Technical Assistance Available**

**Assistance Overview** – CSHP and the district School Health Coordinator can support any school, administrator, staff, or other school community members to improve academic achievement through wellness initiatives.

The following is an overview, by CSHP category, of resources, support, and technical assistance available from the district School Health Coordinator:

**Health Education**
- Curriculum and assessment
- Instructional resources
- Professional Development
- State and national standards
- Diploma and teacher certification requirements
- Community resources and opportunities
- Policy implementation and support (including Wellness and Health Education)

**Health Promotion/Staff Wellness**
- Maine Schoolsite Health Promotion Conference
- School-based wellness teams
- Targeted health interventions
- Health improvement resources (ex. – quitting smoking, substance abuse treatment, etc.)
- Community resources and opportunities
- Policy implementation and support (including Wellness and Safety)

**Nutrition**
- Educational connections with food service programs
- Staff professional development
- Policy implementation and support (including Wellness and Competitive Food Sales)

**Physical Education/Physical Activity**
- Curriculum and assessment
- Instructional resources
- Professional Development
- State and national standards
- Diploma and teacher certification requirements
- Physical activity program resources
- Community resources and opportunities
- Policy implementation and support (including Wellness and Community Use Agreements)

**Physical Environment**
- Connection with local, state, and national resources
- Need advocacy

**Healthy School Climate**
- Instructional resources
- Professional development
- Community resources and opportunities
- Policy implementation and support (including Bullying and Harrassment)

**School Counseling/Health Services**
- Instructional resources
- Educational connections with school and community health services
- Community resources and opportunities
- Need advocacy
Youth & Community Involvement

- Engaging youth in wellness initiatives
- Engaging parents and community in wellness initiatives
- Connection with youth serving agencies
- Community resources and opportunities
- Policy implementation and support (including Wellness and Community use)

Other

- Maine Integrated Youth Health Survey
- School Health Advisory Council (Community)
- School Health Leadership Team (School)
- School Health Index needs assessment
- Community coalitions
- District-coordinated grant applications
- Grant resources