

# 5<sup>TH</sup> GRADE PARENTS

March 21, 2017

5<sup>th</sup> Grade Parents/Guardians:

The week of March 26, 2018 and April 2, 2018 the fifth grade health lessons will be focusing on the many changes that occur during adolescence. The onset of puberty brings many physical, as well as emotional changes, in the adolescent. These changes, their causes and effects, will be discussed as well as the structure and function of the reproductive system.

The boys and girls will be taught in separate classes. Mrs. Rich, our school nurse, will be teaching the girls. Mr. Benz, our physical education teacher, will be teaching the boys. You are encouraged to discuss these topics at home with your child as a preview and follow-up. If we can be of further help, please contact the school nurse at 973-728-7319.

Joyce A. Rich

Jason Benz

